



THE SHEETS

The Official Publication of The South Shore Yacht Club

April 2018

Commodore's Comments by Dean Russell



Unfortunately the Ides of March once again pointed out that nothing good happens. The cruise to Avalon was cancelled due to uncertain weather. Over the weekend the weather at times was sunny and bright and at times clouded with the threat of rain and with small craft warnings. Since we are pleasure boaters, the prudent course of action was to remain in port.

The following week, Barbara and I went on a small ship (140 passengers) cruise on the mighty Columbia River between Astoria and The Dalles, Oregon, which is 150 miles upstream. The cruise was terrific and the scenery along the Columbia Gorge was breathtaking. It's Oregon, so it rained almost every day and even snowed. We found an American Legion in Astoria to take shelter one day and made several new friends.



Being a native Southern Californian, I have never been on a river that big, over 1,200 miles long with navigational marks. There is a bar on the river where it meets the Pacific Ocean, which is three miles wide and six miles long, that is tricky to pass in good conditions.

When the conditions are bad, crossing can be hazardous even to the largest ships. The area around the river mouth is called the Graveyard of the Pacific and littered with ship wrecks. Boating in Southern California is much easier.



The SSYC Closing Ceremony will be held at the April 13 Dinner. It's not all doom and gloom, but we have to close the club before we can have an exciting Opening Day on May 5.

On April 21, we will go whale watching. The reports lately show the whales coming close to shore as they migrate north, even venturing into Huntington Beach Harbor and the mouth of the rivers. Hopefully we will be able to spot several whales with the help of our drone. The weather should be much better than it was in March.

Dean Russell,
Commodore



Discounts & Donations by Herb Fischer



The Latest Newport Sea Base Update!

We have received over \$5000 from 13 donors, all receiving the dinner discounts!

There are 9 more discounts available, so get your donation in to take advantage of this limited offer, plus the opportunity to support the best youth sailing program on the Bay!!

FIRST COME, FIRST SERVED!

Make your check out to Newport Sea Base.

Bring it to the SSYC dinner April 13

OR

mail to: Herb Fischer
240 Heliotrope Ave.
Corona del Mar, CA 92625

Phone: 949 500 4928

Vice Commodore's Comments by Mike Schmidt

Well, as you can tell, I went AWOL last month and didn't provide a Vice Commodore's article. I'm back this month and would like to talk about our drone. You may know that last Fall the club purchased a DJI drone. We did our research and our purchase is top of the line with all the accessories. That's what I thought, anyway, until we started flying it and discovered that viewing the tablet screen is almost impossible in the bright sun, even when wearing sunglasses. This means we are having to fly by sight. The solution happens to be virtual goggles. You're probably asking, "What are these goggles he's talking about?". What they do is let the operator see via the camera on the drone, which enables us to get professional pictures and videos. The cost is \$600. Our original drone purchase was funded by fundraising half and the club matching funds for the other half.



Photo Courtesy DJI at store.dji.com

I haven't run this past the board yet, but I am asking for donations to purchase the goggles. We have our Whale Watching Cruise coming up on April 21st and would love to have the goggles in hand for such a photo opportunity. Mike and Penny Nelson have already donated \$100. Thanks Mike and Penny! Please talk to me if you would like to contribute.

The Hibachi Series starts in May. That means we will be taking new pictures and videos every Wednesday. We are looking for new pilots for the drone, as well. Anyone can learn to fly! It's very easy. We can set up a training session any time. Let me know if you'd like to volunteer!

Until next time,

Mike Schmidt



Social by Jennifer Johns

What a Shamrockin' good time March was on the social front! March 9th, we had our monthly dinner and all showed up in green. We had not just one, but two guest speakers that evening.



Herb Fischer and Tom Hartmann, Director of the Newport Sea Base, kicked off our annual fundraiser. Tom gave a wonderful presentation on how all of our donations have helped Sea Base. We got to see where our money went each year. If you haven't had a chance to donate, there is still time to help make a difference!



John Marshall gave a fact filled talk on the history of Avalon. Who knew that the island was purchased for a mere \$200,000 by George Shatto, who originally developed the island? Or that Avalon means "Bright Gem of the Ocean"?

What Next on the Calendar



Get ready to burn your socks! The 2018 sailing season is right around the corner. Friday, April 13th, SSYC will be conducting Closing Ceremonies in lieu of our monthly dinner.

Cheers,

Jen Johns
Social Director

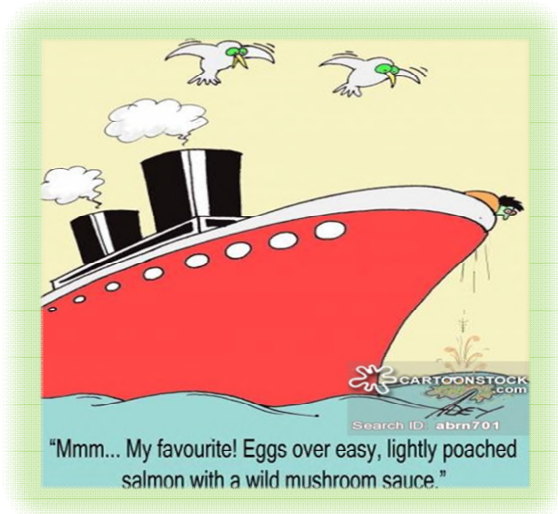


Cruising by Mike Nelson

SSYC 2018 St. Paddy's Day Cruise Weekend to Avalon

Red Flag Warning Saturday March 17, 2018 reconfirmed that many sailors made the safe decision to stay home.

- ✓ No Channel 16 hails for help
- ✓ No SOS - Save our Ship
- ✓ No SEASICKNESS



According to a 1992 Forbes Magazine story on the America's Cup competition, the word "yacht" comes from the Dutch verb "jacht." The translation means "to throw up violently."

Seasickness is caused when the minute inner ear organs that enable a human to balance are disturbed by the motion of the boat swaying and pitching.

This movement sets off alarm signals to the brain causing nausea, headache, dizziness, and sometimes vomiting.

This condition can be intensified by the lack of fresh air and inactivity. It can also be a person's worst nightmare at sea.

Seasickness affects many people to varying degrees - even sailors with years of experience. Looking on the bright side, the body adapts after time.

Fortunately, several remedies can be taken before setting sail such as pills, wearing special wrist bands and stick-on patches that can be worn on the skin behind the ear.

You can often avoid seasickness by staying busy and keeping your mind occupied by taking over the helm or any other activity that will keep you above decks.

Look at the distant horizon rather than the water close at hand. Take deep breaths and drink plenty of water.

The worst thing that a person can do is go below decks with no land or horizon to look at.

Reading or staring at an object will assuredly bring on the effects of seasickness.

If you are seasick and can't bear it anymore, lie down on your back with your eyes closed. This will greatly reduce the motion sickness.

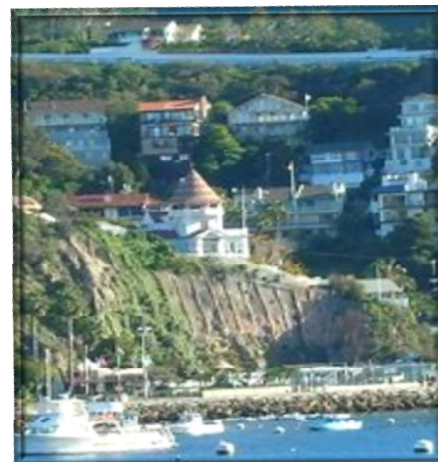
Bottom line - if your eyes see what your ears are feeling, you will certainly have a better chance of a great day sailing.

Whilst we didn't make it to the island this March, we did make it in spirit thanks to our own John Marshall's History of Catalina presentation at our March monthly dinner. Thank you John!

The following pics are a few of John's favs:

The Holly Hill House which is the oldest remaining structure in Avalon.

A Queen Ann-style-architecture, was completed in 1890 on the hill overlooking Avalon Bay.



Cruising (Continued) by Mike Nelson



Peter Gano, a retired civil engineer from Pasadena, purchased a choice section of land in the new City of Avalon in 1888 and immediately began construction of his landmark home.

He delivered building materials to the island on his sailboat and constructed a pulley and slide system

from the beach up the steep hill.

His well-known retired circus horse Mercury, pulled the supplies up this system. Gano's house was completed in March of 1890.



Last year St. Patty's day cruise in Catalina, Descanso Beach.

John enjoys a splash of wine either before or after a Buffalo Milk Cocktail or two or ?

I had my first Buffalo Milk last year at Luau Larry's, a colorful Tiki bar on Avalon's main drag.



Robin enjoys a beautiful view of Avalon.

Luau Larry's Buffalo Milk

- | | |
|----------------|------------------------------------|
| Vodka | Kahlu |
| Crème de Cacao | Milk (Buffalo if you can milk one) |
| Fresh bananas | |

All blended with ice and topped with whipped cream and a sprinkle of nutmeg.

John suggest this cocktail as a health choice because of the fresh bananas !

April 21st, weather permitting, will be our Whale Watching event

We could come across giant blue whales, finback whales, gray whales, dolphins and sea lions.

Thanks to the frequent generosity of Mike Schmidt and his trusty steed Dickey Boy.

Plan on bringing a boat friendly hors d'oeuvre, wet your whistle with your favorite beverage, clean those sun glasses and pop that Dramamine if you must.

Event details will be available soon.



Are they Sea Lions or Seals?

Here are a few clues: Both seals and sea lions, together with the walrus, are pinnipeds, which means "fin footed" in Latin. But seals' furry, generally stubby front feet — thinly webbed flippers, actually with a claw on each small toe — seem petite in comparison to the mostly skin-covered, elongated fore flippers that sea lions possess. Sea lions have small flaps for outer ears. The "earless" or "true" seals lack external ears altogether. You have to get very close to see the tiny holes on the sides of a seal's sleek head. Sea lions (left) are brown, bark loudly, "walk" on land using their large flippers and have visible ear flaps. Seals have small flippers, wriggle on their bellies on land, and lack visible ear flaps. Now you know!

Mike Nelson
Cruise Director



Racing by John Marshall

ENSENADA TUNE-UP RACE – SATURDAY, APRIL 14

The 24th Annual Ensenada Tune-Up Race is organized by South Shore Yacht Club and Dana Point Yacht Club. SSYC handles the NOR/SI and Race Committee Start Boat and DPYC handles the Finish Boat, scoring the race and trophies. Six former South Shore Yacht Club Commodores have gone on to become Commodore at NOSA (Newport Ocean Sailing Association), the group of yachtsmen that organizes and runs the annual Newport-to-Ensenada Race and the 14-Mile Bank Race.

This race permits the N2E boats an opportunity to “fine tune” any last minute adjustments to their boats prior to the Newport to Ensenada/Border Run regatta. The course will be a 14.2-mile course from Newport Beach to Dana Point. The starting line will be 200 yards south of the Balboa Pier. Typically, 30 boats from Dana Point Yacht Club and South Shore Yacht Club participate in this race event.

We’ll need help on the Race Committee boat as we usually have a rolling 5-minute race starting sequence with four starts. We expect to have a cannon on board, so if you own noise-cancelling headsets, bring them! Of course, we’ll have SSYC’s drone in the air taking stills and video from a seagull’s perspective.

We encourage all racers to get their crews together for this race. We’ll even keep the cannon we use to start the boats for the Ensenada Tune-Up Race for SSYC’s Opening Day Ceremony on May 5th!

NEWPORT TO ENSENADA/ BORDER RUN-APRIL 27TH

South Shore Yacht Club has been the Organizing Authority for The Border Run for the last eight years. The Border Run has now been merged into the Newport to Ensenada International Sailing Event, offering courses to Ensenada, San Diego and Dana Point. The Newport Ocean Sailing Association (NOSA) is now wholly responsible for the largest regatta on the West Coast.

The race will start on Friday, April 27th for the 71st running of the Newport to Ensenada race. All three courses will start on Friday with the expectation of getting a massive display of boats off the South end of the Balboa Pier.

SSYC’S SUMMER HIBACHI SERIES STARTS MAY 2ND

The demand for a regular weekly yacht club event pushed the organizers of SSYC’s Summer Hibachi Series to begin operations on the first Wednesday of May. So, beginning May 2nd, SSYC will get the race committee together for the first warning every Wednesday evening at 6:00 PM. Following each Wednesday night race, all are encouraged to return to the yacht club for great company, great food, trophies, live music and dancing. The Association of Orange Coast Yacht Clubs has moved some racing marks around, so all race participants are encouraged to visit SSYC’s web site, www.southshoreyc.com, to pick up the 2018 Race Course chart. You can even enter the race and pay your \$40 on line for your convenience.

We’ll see you on the water!

John



March 2018

				Thur 1	Fri 2	Sat 3
Sun 4	Mon 5	Tues 6 Board Meeting	Wed 7	Thur 8	Fri 9 2 nd Friday Dinner	Sat 10
Sun 11	Mon 12	Tues 13	Wed 14	Thur 15	Fri 16 Avalon	Sat 17 Avalon
Sun 18 Avalon	Mon 19	Tues 20	Wed 21	Thurs 22	Fri 23	Sat 24
Sun 25	Mon 26	Tues 27	Wed 28	Thurs 29	Fri 30	Sat 31

April 2018

Sun 1	Mon 2	Tues 3 Board Meeting	Wed 4	Thur 5	Fri 6	Sat 7
Sun 8	Mon 9	Tues 10	Wed 11	Thur 12	Fri 13 2 nd Friday Dinner- Closing Ceremonies	Sat 14
Sun 15	Mon 16	Tues 17	Wed 18	Thur 19	Fri 20	Sat 21 Whale Watching
Sun 22	Mon 23	Tues 24	Wed 25	Thurs 26	Fri 27 N2E	Sat 28 N2E
Sun 29 N2E	Mon 30					

May 2018

		Tues 1 Board Meeting	Wed 2	Thur 3	Fri 4	Sat 5 SSYC Opening Day
Sun 6	Mon 7	Tues 8	Wed 9	Thur 10	Fri 11	Sat 12
Sun 13	Mon 14	Tues 15	Wed 16	Thur 17	Fri 18	Sat 19
Sun 20	Mon 21	Tues 22	Wed 23	Thurs 24	Fri 25 San Diego Cruise	Sat 26 San Diego Cruise
Sun 27 San Diego Cruise	Mon 28 San Diego Cruise	Tues 29	Wed 30	Thurs 31		

June 2018

					Fri 1	Sat 2
Sun 3	Mon 4	Tues 5 Board Meeting	Wed 6	Thur 7	Fri 8 2 nd Friday Dinner	Sat 9
Sun 10	Mon 11	Tues 12	Wed 13	Thur 14	Fri 15	Sat 16
Sun 17	Mon 18	Tues 19	Wed 20	Thurs 21	Fri 22	Sat 23 Harbor 20 Cruise
24	Mon 25	Tues 26	Wed 27	Thurs 28	Fri 29	Sat 30

July 2018

Sun 1	Mon 2	Tues 3 Board Meeting	Wed 4	Thur 5	Fri 6 Long Beach	Sat 7 Long Beach
Sun 8 Long Beach	Mon 9	Tues 10	Wed 11	Thur 12	Fri 13 2 nd Friday Dinner	Sat 14 Crew of 2
Sun 15 Crew of 2	Mon 16	Tues 17	Wed 18	Thur 19	Fri 20	Sat 21
Sun 1822	Mon 23	Tues 24	Wed 25	Thurs 26	Fri 27	Sat 28
Sun 29	Mon 30	Tues 31				

August 2018

			Wed 1	Thur 2	Fri 3	Sat 4
Sun 5	Mon 6	Tues 7 Board Meeting	Wed 8	Thur 9	Fri 10 2 nd Friday Dinner	Sat 11
Sun 12	Mon 13	Tues 14	Wed 15	Thurs 16	Fri 17	Sat 18
Sun 19	Mon 20	Tues 21	Wed 22	Thurs 23 Shrimptastic	Fri 24 Shrimptastic	Sat 25 Shrimptastic
Sun 26 Shrimptastic	Mon 27	Tues 28	Wed 29	Thur 30	Fri 31	

September 2018

						Sat 1
Sun 2	Mon 3	Tues 4 Board Meeting	Wed 5	Thur 6	Fri 7	Sat 8
Sun 9	Mon 10	Tues 11	Wed 12	Thur 13	Fri 14	Sat 15 Endless Beach Party
Sun 16	Mon 17	Tues 18	Wed 19	Thurs 20	Fri 21	Sat 22 Food & Wine Festival
Sun 23	Mon 24	Tues 25	Wed 26	Thurs 27	Fri 28	Sat 29
Sun 30						

October 2018

	Mon 1	Tues 2 Board Meeting	Wed 3	Thur 4	Fri 5	Sat 6
Sun 7	Mon 8	Tues 9	Wed 10	Thur 11	Fri 12 2 nd Friday Dinner	Sat 13
Sun 14	Mon 15	Tues 16	Wed 17	Thur 18	Fri 19 Carnival Cruise	Sat 20 Carnival Cruise
Sun 21 Carnival Cruise	Mon 22 Carnival Cruise	Tues 23	Wed 24	Thurs 25	Fri 26	Sat 27
Sun 28	Mon 29	Tues 30	Wed 31			

November 2018

				Thur 1	Fri 2	Sat 3
Sun 4	Mon 5	Tues 6 Board Meeting	Wed 7	Thur 8	Fri 9 2 nd Friday Dinner	Sat 10
Sun 11	Mon 12	Tues 13	Wed 14	Thur 15	Fri 16	Sat 17
Sun 18	Mon 19	Tues 20	Wed 21	Thurs 22	Fri 23	Sat 24
Sun 25	Mon 26	Tues 27	Wed 28	Thurs 29	Fri 30 Train-Santa Barbara	

December 2018

						Sat 1 Train-Santa Barbara
Sun 2 Train-Santa Barbara	Mon 3	Tues 4 Board Meeting	Wed 5	Thur 6	Fri 7	Sat 8
Sun 9	Mon 10	Tues 11	Wed 12	Thur 13	Fri 14	Sat 15
Sun 16	Mon 17	Tues 18	Wed 19 Boat Parade Begins	Thurs 20 Boat Parade	Fri 21 Boat Parade	Sat 22 SSYC Boat Parade
Sun 23 Last Boat Parade	Mon 24	Tues 25	Wed 26	Thurs 27	Fri 28	Sat 29
Sun 30	Mon 31					

Details 2018 Officers & Board Members

Commodore:

Dean Russell
deansrussell@aol.com

Staff Commodore/Membership:

Tina Simmons
sextant.sailing@gmail.com

Director:

Gerry Holleger
Holleger@gmail.com

Vice Commodore:

Mike Schmidt
mrmeschmidt@gmail.com

Treasurer:

Don Albrecht
hb_sailor@yahoo.com

Director:

Gary Ruud
gruud@fullerton.edu

Rear Commodore:

Chris Haro
Chris@harocpa.com

Staff Commodore:

John Marshall
jmarshall@expeditor.com

Director:

Linda Brigante
Linda.h.brigante@gmail.com

Secretary:

Milledge Hart
mhart97007@gmail.com

Director:

Kathy Abbott
kathy@livenaturally.com

Cruise Director:

Mike Nelson
Mike.nelson@samtec.com

Jr. Staff Commodore:

Juli King
iamcinderella2000@yahoo.com

Director:

Scott Pearson
scottpearson007@gmail.com

Social Director:

Jennifer Johns
Jen_johns10@msn.com

Any members with children who are interested in heading up a **Kids Learn to Sail Program**, please call Don Albrecht at 714-501-7520 or email him at hb_sailor@yahoo.com

New Members:

Scott & Pamela Sullivan
Todd Katovsich



South Shore Yacht Club
1099 Bayside Drive
Newport Beach, CA 92660

Mail: PO Box 1174
Newport Beach, CA 92659
949-646-3102
www.southshoreyc.org